

WHAT'S ON IN SPORT?

WELCOME

All students have made a positive and active start to the year. It has been fabulous to be surrounded by positivity and can do attitudes. We have some exciting events to look forward to in 2021. Most that we missed

out on in 2020. Our focus at the start of the year centres around personal growth and personal fitness.

For the upper years Athletics and the lower years Fundamental Motor Skills which we explore through Gymnastics. Well done to Physical Educations Stars of the Week so far...if you are aiming to get your award you can achieve this by: listening, sharing and always trying YOUR best.

TENNIS 4 LIFE

It has been beyond fabulous to see so many students take up the opportunity to start tennis in our Tennis for Life program. Tennis is a skill that students can enjoy for life and I was very impressed by what the students could do, even those that had never played tennis before. Feedback from the tennis crew are that we are a lovely school and have excellent manners, this has been said by the TriSkills crew too. So great to see our culture of respect continue to thrive at W.N.P.S.

SWIMMING STARS

We have had 3 students represent the school at the District swimming. Bethany Vaughan, Ella Delacy & Liam Kleefman. Well done on a fabulous effort. All 3 students did exceptionally well in their events, Beth and Ella going through to Division. Beth came 1st in her Backstroke and Ella came 5th in Butterfly. Wowsers what an absolutely amazing effort!!

TWILIGHT SPORTS

WEDNESDAY MARCH 17TH

The Twilight Sports is a fabulous, fun, family friendly event. Held on the school oval on Wednesday the 17th March from 5:30—7:30. Bring your own picnic, meet new parents and watch your kid/s earn house points by playing a variety of fun and some funny sports. We would love to see you all there!!

Please see the flyer in the newsletter :)

Prep & Grade 1/2

TRISKILLS GYMNASTICS

The Preps, Grades 1 and 2's have loved the introduction of our TriSkills Gymnastics program which will be running for 5 weeks.

Gymnastics gives students the chance to explore a new sport with new experiences, develop their fundamental motor skills and body awareness.

I have enjoyed watching the excitement on everyone's face, seeing students tackle new skills and concentrate when learning these new skills.

I can see that there is going to be a lot of growth over the term because even after 1 week, students have already made improvements.

Grades 3-6

ATHLETICS

The Grade 3-6 are on track to head to Athletics day on May 6th. Term 1 and into Term 2, 3-6 students are practicing a variety of athletics techniques and skills through games, mini events and explicit instruction. They have the chance to improve their long distance fitness—timing themselves on the Fitness Track once a week and aiming to maintain or better their times. Also developing throwing, sprinting, jumping and more.

You can help your child at home by:

Practicing sprinting and the correct technique and working on their overall fitness.

Next newsletter keep an eye out for Health topics I encourage you to discuss as a family!!